

## Certificate in Common Health Conditions

Level 2 141glh 15 credits

Health-care workers need to have a good understanding of a wide range of illnesses and health conditions. Each individual they support will be different and each will have their own set of health issues and concerns.

This course is designed to raise the candidate's awareness of some of the most common health conditions among older people in the UK. They will explore arthritis, stroke, dementia, Parkinson's disease, and sensory loss (both hearing and visual impairments). They will examine the signs, symptoms, risk factors and treatment options for each one. They will also look at a range of strategies – some of which they can put into practice themselves – that can help to improve the quality of life of someone living with one or a number of these conditions.

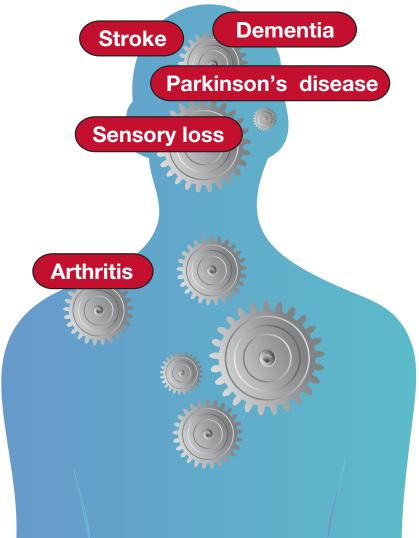
### Who is it for?

This course is aimed at anybody who wishes to improve their knowledge and understanding of common health conditions. It will particularly appeal to individuals who have a professional or personal interest in arthritis care, stroke, dementia, Parkinson's disease and sensory loss awareness. It will also appeal to organisations within the health and social care sector that provide support to individuals with conditions such as these. It has relevance to all types of health-care settings, including care homes, hospitals and domiciliary care.

# What are the benefits of doing this course?

As well as enabling learners to achieve a nationally recognised qualification, this programme will help to encourage or consolidate good practice in the workplace. The course also provides employers with a structured training programme that will meet the training requirements of their employees, giving peace of mind that staff are equipped with the knowledge they need to better support people with some of the most common health conditions in the UK today.

A further benefit of using Hallmark's flexible learning resources is that learners can complete their studies at times and locations convenient to them, removing the need for them to spend time at college or away from work for long periods.





#### Course content

The Level 2 Certificate in Common Health Conditions comprises six units that are presented in three concise module workbooks:

#### Module A:

Unit 1: Arthritis awareness (Credit value: 3) (D/505/8491) Unit 2: Stroke awareness (Credit value: 3) (R/505/2526)

#### Module B:

Unit 3: Dementia awareness (Credit value: 2)

(J/505/2524)

Unit 4: Parkinson's disease awareness (Credit value: 3)

(F/505/8497)

#### Module C:

Unit 5: Sensory loss awareness (Credit value: 2)

(F/601/3442)

Unit 6: Understand how to contribute to monitoring the

health of individuals affected by health conditions

(Credit value: 2) (H/505/5382)

### **Progression opportunities**

By undertaking this programme, candidates will be able to further their own continuous professional development, which may improve their career prospects. They can also progress on to further qualifications such as other courses in health and social care or related subjects.

**Entry requirements** 

Learners must be aged 16 or over in order to enrol on the course. There are no other specific entry requirements for this qualification.

## **Information for learning centres:**

**Qualification reference number:** 

601/2641/3 (Ascentis) 601/4306/X (NCFE)

**Awarding organisations:** 

Ascentis (see www.ascentis.co.uk) NCFE (see www.ncfe.org.uk)

## Course delivery and assessment

Hallmark's learning materials comprise a set of high-quality workbooks, which have been produced to suit a range of delivery methods. These materials have been officially endorsed by the relevant awarding organisations as 'fit for purpose'.

Learners will be provided with all the necessary materials to complete the programme and will have the opportunity to work through a series of reflective activities designed to reinforce the learning process. The learning materials also include an assessment, which enables the learner to demonstrate their achievement of the learning outcomes associated with each unit. A comprehensive tutor guide is supplied to accompany these materials.

## For further information, please contact: